Dear Parents,
As per the report, the risk of Hepatitis and Swine Flu has been found inside and outside the Kathmandu valley. There is no case of Swine flu detected in our school; however, few cases of hepatitis (A and E) have been noticed in our school. Regarding the above mentioned cases, effective preventive measures have already come into action in school and Hostel.
We would also like to request you to consider the following points at home for the safety of your child.

1. Wash hands well after using any wash room.
2. Eat only freshly and well cooked food.
3. Drink only boiled and well treated water.
4. Do not eat non-peelable raw fruits or vegetables (green salad) unless cleaned thoroughly.
5. Be very much careful and sincere about personal cleanliness.
6. Do not share personal belongings (esp. clothes and soap)

Tejendra Rajbhandari
Principal