

Parent-Student Handbook 2078



EMERGENCY NUMBERS:

SCHOOL OFFICE: 011-490 561

ACCOUNT SECTION: 011-490 395

PLUS 2: 011-490 638

HOT LINE: 9860 897 750

KUHS WEBSITE: www.kuhs.edu.np

DHULIKHEL HOSPITAL: 001-490497

POLICE: 100

AMBULANCE: 001-490497

Parent-Student Handbook 2078

Dear Parents,

Welcome to a new school year and our new Parent Student Handbook. This handbook contains the information you will need to successfully support your child this year. Please read through it carefully and leave it in an easily accessible place. It contains school policies, student behavior expectations and rules, schedules, procedures and contact numbers.

You will find updated information on the website and the School will use an SMS to inform you of important events, but this handbook along with the annual calendar should serve as your main source of information for the year.

It is especially important that you and your child understand the School's Code of Conduct, the specific rules that we have and the consequences should the rules be broken. Please sit with your child and read these sections together.

If you have questions, by all means, please be in touch.

Sincerely,

Tejendra P. Rajbandhari
Principal

Barbara Butterworth
Academic Director

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History of the School

The school operates under the umbrella of Kathmandu University, an independent not-for-profit non-government public institution. The University was established by the Government of Nepal through an Act of Parliament in 1991. KUHS was founded in 1998 and moved to its current location in 2000. We graduated our first SLC Batch in 2060.

Motto: Cultivating socially responsible and sensible citizens

Mission Statement

KUHS prepares students who are socially and humanely responsible and sensible in order to make the world a better and more just place to live. We make sure that our students are taught to collaborate among themselves and compete globally to create opportunities in this rapidly changing world. We also aim to disseminate knowledge and skills which will help develop a positive attitude. We educate to empower, engage and enable the students to excel in their lives and make a difference in the world.

Vision Statement

KUHS envisions becoming one of the best institutions globally where students from diverse communities collaborate, create and spread their achievements to benefit the entire global village. This collaboration leads to student social engagement which helps produce socially responsible citizens. We produce creative and innovative students to address the needs of society.

Aims:

- To create a new generation of leaders and professional women and men with a caring and responsible attitude to the community and the future of Nepal.
- To establish high academic standards this will give access to universities all over the world.
- To teach students to be creative thinkers who do not depend on rote learning and preparation for examinations for their education.
- To value Nepali culture and to understand the wider world.

- To develop a new curriculum and teaching materials that will make an important contribution to Nepal's education system.
- To provide a healthy fresh air location close to Kathmandu where children can learn to value and protect the natural environment

CODE OF CONDUCT

At Kathmandu University High School, we create a respectful and caring learning environment. We have the following expectations for all our students and staff:

Code of Conduct:

- We respect each other regardless of age, background, or culture,
- We respect school property, the property of others, and our own property,
- We come to class prepared and on time,
- In class, we listen carefully and are actively involved in learning,
- We follow the rules of the school and classroom,
- We treat others as we would like to be treated,
- Like a family, we help and support each other, we listen with understanding,
- We are honest in our words and actions.

Specific School Rules: To support these expectations, we have some specific school rules:

Safety on the school grounds:

- Observe the walk only areas by walking only,
- The athletic ground is the area for running and playing,
- Courtyard during recess times: quite games can be played in this area, but be sure not to disturb classes that are running.
- Students may not leave the school compound without permission.
- Students may not bring their own sports equipment. The School will provide balls and other equipment for recess times,
- Stones are for walking on not for playing with.

In the classroom:

- Stand and greet the teacher at the beginning of the lesson with a polite “Namaskar”,
- Students must raise their hands and take turns in answering questions using inside voices. They should not shout out answers,
- Students should stand when addressing a teacher, except during informal discussions,
- If a teacher or guests enters the classroom after class has started, students do not need to stop their work and rise. Doing this disrupts the lesson,
- Copybooks and textbooks should be covered and properly cared for,
- Homework diaries should be maintained at all times,
- Students do their own work. They do not copy from other students or from other resources (Internet etc.), students do not plagiarize.
- Students must not mark or damage school property. Students are responsible for any repair costs.
- If the subject teacher is not present in class five minutes after the bell has rung, the class prefect should report the absence to the principal or coordinator.
- At the end of class, students should not prepare to leave until given permission by the teacher.

School Dress Code:

- School dress code: Students will come to school dressed neatly, well groomed and wearing the appropriate school dress,
- Girls should wear their hair in pony tails or braids if prepared at home.
- Boys should keep their hair neatly trimmed,
- Girls in grades 6 and up can choose to wear either skirts or pants,
- Students can wear their track suits only on their sports days.

General rules:

- Students may not bring money, cell phones, valuable items such as jewelry, or junk food to school,
- Chewing gum is prohibited,
- Smoking, drinking alcoholic beverages or using drugs are prohibited and may result in dismissal from school,
- Collecting funds for special activities requires the approval of the principal,
- Hugging, kissing and other personal displays of affection are prohibited,
- Students may use the internet while at school for research and computer class assignments. There is no use of social media,
- Students may use the school telephone only with the permission of the principal or coordinator,
- English is the language of instruction except in Nepali, Art, Sports, Dance, Music, and Chinese class. During the school day, students are expected to speak English when in class, in the dining room and in the walk only areas of the school.

School Governance:

The work of KUHS is overseen by a Management Committee composed of representation from Kathmandu University, Dhulikhel Hospital, Panauti Municipality and KUHS's Principal and Director. Currently, the Management Committee Members are:

Dr. RajendraKoju	Chairperson
Mr. Mukunda Prasad Upadhaya	Member (KU)
Mr. ParshuramAdhikari	Member(Teachers' Representative,(KUHS)
Ms. Pushpa Kumari Sharma Aryal	Head of Education Department/Municipality
Mr. Tejendra P. Rajbhandari	Member Secretary (KUHS)
Dr. Barbara Butterworth	Member (KUHS)
Ms. Shubhasana Makaju Gurung	Member (Parents' Representative)

SCHOOL STAFF

Academic Director	Barbara Butterworth
Principal	Tejendra P. Rajbhandari
Plus 2 Coordinator	Narad Rijal
Secondary Coordinator	Niva Shrestha
Primary Coordinator	Naresh Pradhan

Class Teachers:

Class 1	Susmita Bhusal and Bidhya Chettri
Class 2	Sajana Shrestha and Gauri Thapa
Class 3	Maya Adhikari
Class 4	Roma Pariyar
Class 5	Rinchen Tshomo
Class 6A	Uma Kutu
Class 6B	Susmita Shrestha

Class 7A	Umesh Timalisina
Class 7B	Arati Khadka
Class 8A	Ambika Giri
Class 8B	Ganga Luitel
Class 9A	Ngudup Lama
Class 9B	Uttam Shrestha
Class 10A	Rupak Khatri
Class 10B	Ram Bikram Basnet

Name list	F/ M	Designation	Mobile No	Email ID
1. Dr. Barbara Butterworth	F	Director	980339452 4	buttergillb@mac.com
2. Tejendra P. Rajbhandari	M	Principal	985106356 8	principal@kuhs.edu.np
3. Narad Rijal	M	Higher Sec. Coordinator	985124835 3	narad@kuhs.edu.np naradrijal@gmail.com
4. Niva Shrestha	F	Sec. Coordinator	984130101 9	niva@kuhs.edu.np
5. Naresh Pradhan	M	Lower Sec. Coordinator	984128730 2	naresh@kuhs.edu.np
6. Rupak Khatri	M	HOD Science	985117192 4	rupak@kuhs.edu.np
7. Umesh Timalisina	M	SocialTeacher	984131358 8	umeshtsn@ gmail.com
8. Ganga Luitel	F	Social Teacher	984195602 8	ganga.luitel36@ gmail.com

9. Purna Lamichhane Joshi	M	English Teacher	9861143359	lamichhaneraju999@ gmail.com
10. Pallabi Chhattopadhyay	F	English Teacher	9829349029	chhattopadhyay.pallabi@gmail.com
11. Ngudup Dorjee Lama	M	Computer Teacher	9841477935	ngudup@kuhs.edu.np
Name list	F/M	Designation	Mobile No	Email ID
12. Uttam Shrestha	M	Mathematics Teacher	9841006419	uttamn@kuhs.edu.np
13. Ambika Giri	F	Nepali Teacher	9863863394	ambubihani@gmail.com
14. Ram Bikram Basnet	M	Mathematics Teacher	9843132442 9803080992	basnetrambikram@gmail.com
15. Uma Kutu	F	Mathematics Teacher	9841514133	uma@kuhs.edu.np
16. Arati Khadka	F	Science Teacher	9841388361	arookb@gmail.com
17. Mohan Taujale	M	Dance Teacher	9841323110	mohantaujale@gmail.com
18. Ramchandra Thapa	M	Sports Teacher	9841457896	
19. Susmita Shrestha	F	Nepali Teacher	9849907330	susmita@kuhs.edu.np
20. Maya Adhikari	F	Nepali Teacher	9841799542	maya@kuhs.edu.np
21. Rukumani S. Prajapati	F	Art Teacher	9841646503	sana_rukumani@yahoo.com
22. Amira Ghale	F	Sports Teacher	9860685817	ghaleamira29@gmail.com
23. Rinchen Tshomo	F	English Teacher	9810386157	rinchen@kuhs.edu.np
24. Susmita Bhusal	F	Grade Teacher	9841918278	sushmita@kuhs.edu.np
25. Bidhya Chhetri	F	Grade Teacher	9817976964	bidya.chetri@yahoo.com
26. Gauri Thapa	F	Grade Teacher	9841172021	gauri@kuhs.edu.np
27. Sajana Shrestha	F	Grade Teacher	9841925255	sajana_shrestha43@yahoo.com
28. Roma Pariyar	F	Social Teacher	9813546572 9860098803	romasingh096@gmail.com
29. Sajina Shrestha	F	Dance Teacher	9841609402	
30. Apeksha Shrestha	F	School Nurse	9844467392	apekshashrestha8@gmail.com
31. Santosh Dahal	M	Music Teacher	9843426767	
		Chinese Teacher		

32. Sita Thapa Magar	F	Teaching Assistant Hostel Warden	980125034 7	
33. Sudha Buddhacharya	F	Teaching Assistant Hostel Warden	986057699 5	
34. Parsuram Adhikari	M	Nepali Teacher	984125786 6	parsuad@gmail.com
35. Madhav Prasad Chalise	M	Mathematics Faculty10+2	984172151 8	madhav@kuhs.edu.np
36. Ravi K.C	M	Computer Faculty10+2	984374889 7	rcube61@gmail.com
37. Prakash Shrestha	M	Physics Teacher	984931576 4	pkashsth12@gmail.com
38. Madan Kafle	M	Chemistry Teacher	984928758 4	
39. Sangita Thapa Magar	F	Biology Teacher	984157685 9	thapamgrsangeeta@gmail.com
40. Netra Prasad Pangen	M	Biology Teacher	984137351 1	netrap81@gmail.com
41. Ravi Kumar Bhurtel	M	Chemistry Teacher	984196179 3	rchemistry656@gmail.com
42. Bidur Gautam	M	Physics Teacher	984117169 2	bdurphysics@gmail.com
43. Kishor Barun Shrestha	M	Sports Teacher (part time)	984129936 5	
44. Nani Shova Bhasima	F	Office Assistant Hostel Warden	984136219 4	nanishova@gmail.com
45. Bibek Bhattarai	M	Physics Lab Assistant	984113477 9	bibek@kuhs.edu.np
46. Barun Jangam	M	Chemistry Lab Assistant	986123330 7	bjangam2044@gmail.com
47. Sanam Shrestha	F	Biology Lab Assistant	985116619 4	shresthasanam05@gmail.com

School Calendar

All parents are issued a school calendar at the beginning of the year which indicates the days school is open for students, vacation days, exam schedules and a few other key events.

School begins at 8:50 AM and day scholars depart at 3:15 PM Monday through Friday and hostellers leave at 3:20 PM on Friday. There will be **no** seasonal change in the schedule.

Daily schedule: There are eight periods each day, except Friday. These will include the core academic subjects, computer, sports, art, dance, music and other special classes per grade level. There are four breaks during the day: Lunch, two short breaks, and snacks.

Important days for parents to come to school:

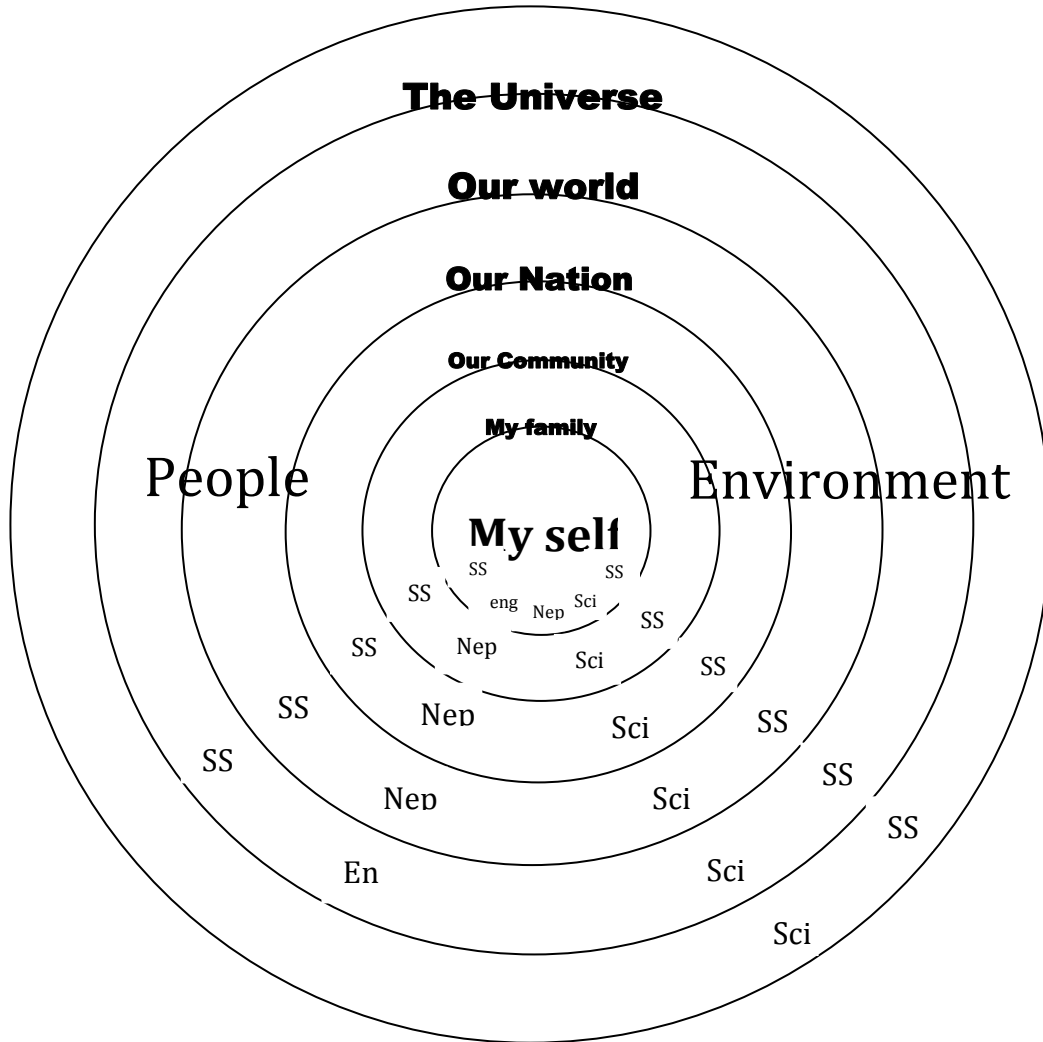
Results Days: See school calendar

Parents' Afternoon (situation permitting)

Parents will be invited on a Friday afternoon to see their children engage in a variety of activities including music, dance, art, special programs, and academic presentations depending on grade level. The afternoon will end with a dinner shared by parents, children and teachers. These parents' afternoons are in place of the more traditional all-day Saturday event held for all children at once. We believe these special afternoons offer a more intimate opportunity for parents to see their children in action across many activities.

THE CURRICULUM

Children’s learning should be comprehensive, covering six concentric areas of knowledge – self, family, community, nation, the world and the universe. Within these six areas we study people and we study the environment.



We strive to give students meaningful activities that help them develop deeper understanding, critical thinking and problem solving skills.

Creative and Communicative English

English teaching is commonly broken into four components: Listening, Speaking, Reading and Writing. Students engage in activities designed to develop skills in all four areas. In addition, children are encouraged to read regularly and have access to book in the library and in classes 3 through 10, students engage in novel study.

Creative and Communicative Nepali

Our Nepali lessons are similar in many ways to English lessons. But they have a deeper function also – to explore the cultural life of our own country – the great literature and heritage. We consider Nepali under four main headings: Listening, speaking, reading, and writing.

Student Writing in English and Nepali

Students' best writing will be published in magazines, displayed on bulletin boards and read aloud at Assembly. At the end of the year, the KUHS Review is published with extensive examples of student work.

Chinese

Chinese is taught in grades 3 through 7 by a qualified teacher provided by the Chinese government.

Syllabus - simple Chinese expressions leading to spoken sentences.

- introduce the 4 tones: high/ flat, rising tone, falling tones.
- Some Chinese characters.
- Introduction to Chinese culture

Applied Maths

Principles:

- Maths is not just doing sums. It's **using numbers** for a range of purposes and to solve real problems.
- Primary Maths will include a lot of **practical work** using small counters, measuring tapes, weighing scales, a clock and other basic equipment.
- Students will learn to **estimate** distances and weights
- Maths projects especially for older students.

Science - Observing and Experimenting

Our aims are to:

- Encourage students' curiosity about plants, animals, the environment and physical processes.
- Develop their skills of observation, questioning, hypothesizing and experimenting.
- Give them knowledge of scientific facts and processes with the appropriate vocabulary.
- Teach them to record their observations accurately in a variety of formats.

Secondary Science

This has its own syllabus with regularly scheduled lab activities.

Art

The aims of Art:

- Encourage children's natural wish to create images and designs,
- Give them the confidence to select their own subjects and styles (through we often make suggestions).
- Give students basic skills and confidence in the different media – pencil, crayons, paint, charcoal, clay, collage and whatever else is available.

Exhibiting: work will be displayed all over the school – classrooms, dining hall, library etc.

Investigative Social Studies

In addition to the textbooks, students engage in in-depth studies that deepen understanding of information in the textbook.

Aims

To help children to understand the social, cultural and political environment they are growing up in. This will enable them to become responsible members of society. They must develop pride in their nation, want to preserve what is good and contribute to improving what is bad.

Topics include:

- The community
- Environment
- Local culture and religious life
- Cultural life of Nepal
- History of Nepal
- Protective environment
- How Nepal is governed
- Other countries

INFORMATION TECHNOLOGY – Our future

Our aims are to –

- Help students to understand and operate computers with confidence.
- Use the internet for study in all school subjects and for personal interest.
- Have our E - Library for individual study or interest.
- Communicate effectively using computers
- Use IT as a creative art medium.

Music

All children like to sing either solo or with others. We want them also to master at least one instrument to play solo or in a band. At KUHS we provide professional instruction in singing, instrumental playing and eastern /western musical notation.

Performance

Students perform at assemblies, parents' afternoons and public events. Music is integrated with dance and drama.

Dance

All children love to dance and some of them achieve high levels of success.

Aims: to enjoy whole body rhythmic movement.
to move together in perfect time.
to learn a variety of traditional and modern dances.

Drama

Drama is integrated within the different subjects offered at the school and will be a part of our parents' afternoons. In addition, the 5th grade prepares a drama for our Joint School activities.

Sports

Policy: Every child should get good training and exercise
Every child should become good atleast one sport

Sports available - football (including girls), basketball, volleyball, badminton, table tennis, cricket

The Library

The library is a very important part of school life. It is welcoming and efficiently managed with an extensive collection of fiction and non-fiction books for all ages. Different areas of the library have been set aside for different ages. Students are expected to regularly check out books and take good care of them.

Library resources include:

- Reference books that stay in the library
- Fiction and non-fiction books for check out. Books may be kept for two weeks.
- Professional books for teachers
- Daily newspapers and monthly magazines
- Computers for students and teachers conducting on-line research

+2 Programs in Science Stream at KUHS

Affiliated to Nepal Examination Board (NEB)

KUHS has been imparting the best available +2 teaching along with all-round educational opportunity to students. The School in affiliation with the National Examination Board (NEB), offers an excellent program in science. We ensure that we practice the best teaching methodologies for outstanding results. The dedicated and experienced faculties deliver theory classes along with practical demonstrations. We had our first intake of high quality students in 2075.

The students are required to complete their daily homework, class assignments, special projects, individual or group presentations and adequate self-study. Our dedicated faculties carefully monitor the academic performance and progress of each individual student.

Combinational Subject Groups

We offer two combinational subject groups. Students can choose from these combinations.

Grade 11 (Science)

English
Nepali
Physics
Chemistry
Mathematics
Biology or Computer Science

Grade 12 (Science)

English
Nepali
Physics
Chemistry
Mathematics
Biology or Computer Science

Special Classes – Extra Charge

Grade 3: Abacus

Grade 4: Abacus

Grade 5: Abacus

Grade 6: Scouts, Handwriting, Swimming, Karkhana Science Kits

Grade 7: Scouts, Calligraphy, Karkhana Science Kits

Grade 8: SQC, Culture Lab (every two weeks), Karkhana Science Kits

Grade 9: Culture Lab (every two weeks), International Award Program

Non-sport activities, twice a week for classes 6-9. Students are divided into groups of 20 and individual teachers offer a special activity of their interest during this time. Primary activities will be organized on the class basis and take place throughout the week except Friday.

Extra-Curricular Activities:

Students' Quality Circle (SQC)

SQC is an innovative co-curricular activity implemented in our school since 2005. Students of grade 8 participate in this programme which focuses on children becoming a total quality person. Students develop leadership and various life skills like interpersonal communication skills, critical thinking skills, and analytical skills as well as presentation skills. Furthermore, they study real life situations and explore problems and generate solutions by themselves.

International Award

The International Award, also called 'Duke of Edinburgh' is a program offered in class 9. The international award is a voluntary, exciting self-development programme available to all young people worldwide equipping them with life skills to make a difference to themselves, their communities, and the world. To date over 7 million young people from over 125 countries have been motivated to undertake a variety of voluntary and challenging activities which encourage personal discovery and growth, life skills, perseverance, responsibility and service to the community. Students stay after school several afternoons a week to participate in this program.

The Award's Structure and the Programme

The Programme is based around three Levels, each successive one requiring a greater degree of commitment.

- BRONZE is for those over 14. The minimum period of participation to gain this Award is 6 months.
- SILVER is for those over 15. The minimum period of participation to gain this Award is 12 months.
- GOLD is for those over 16. The minimum period of participation to gain this Award is 18 months.

It is possible to start at any Level- some participants work their way through all three, while others start at Silver or Gold. At KUHS, all participating students start at the Bronze Level.

Four Sections

To gain an Award, participants must complete activities in four Sections for a specified minimum period of time. There is an additional requirement of a Residential Project at Gold Level. Participants decide what they would like to do for each Section.

Service

Participants engage with their community and discover the impact they can have through:

- Community service projects.
- Conservation work.
- Voluntary service in hospitals or community home
- More specialized training such as lifesaving, first aid or rescue services.

Adventurous Journey

The Adventurous Journey is about discovery. Participants develop an understanding of the environment, and the importance of working together in a team with a common purpose. It can be on foot, by bicycle, boat or on horseback. Training, preparation, self-sufficiency and self-reliance are the key elements.

Skills

The Skills Section is about developing personal interests and learning practical skills. There are almost limitless possibilities to choose from. There is no set standard that participants must reach: they set their own goals and measure their progress against them.

Physical Recreation

By undertaking some form of organized and regular physical activity, participants show perseverance and improve their fitness. Their goal is to record their individual progress. Most team and individual sports are included, such as football, athletics, and archery.

Residential Project

This is only a requirement at Gold Level. It aims to broaden experience through living and working with others (who are not everyday companions).

Winter Vacation activities

KUHS organizes various outdoor activities even during winter break with active participation of the teachers. Class 7 goes to the Annapurna region for trekking, Class 8 take an educational excursion to different parts of India, and class 9 goes for 2 days 1 night adventurous journey to different locations in and outside Kathmandu Valley. However, parents need to pay additionally these programmes and they are not compulsory. Cost depends upon the quotation provided by the registered company.

EVALUATION AND EXAMS

EXAMS

Grades 1-3: Maximum time for exams will be ONE HOUR.

Grades 4-7: Maximum time for exams will be TWO HOURS.

Grade 8 to 10: Maximum time for exams will be as per the government policy..

Coursework/Continuous Assessment: A portion of the marks for each assessment cycle will include marks for continuous assessment. Continuous assessment will be based on, for example, homework, classwork, short tests, presentations and projects.

Refer to school calendar for exam and reporting schedules.

Primary School (Grades I-VI)

1 st Period	2 nd Period	3 rd Period	4 th Period
First Continuous Assessment 1st	Second Continuous Assessment Half-yearly Exam	Third Continuous Assessment	Fourth Continuous Assessment Final Exam
100% Coursework: includes, tests, projects, class work, homework, oral assessments.	43% Coursework 57% Examination	100% Coursework: includes, tests, projects, class work, homework, oral assessments.	43% Coursework 57% Examination
15	15+20	15	15+20

Secondary School (Grade VII-X)

1 st Period	2 nd Period	3 rd Period	4 th Period
1st Continuous Assessment and 1st Cycle Test	2nd Continuous and Half Yearly Exam	3rd Continuous Assessment and 2nd Cycle test	4thContinuous Ass and Final Exam
50% Coursework: includes, tests, projects, class work, homework, oral assessments. (10) 50% Examination (10)	Continuous Ass (10) Examination (20)	50% Coursework: includes, tests, projects, class work, homework, oral assessments. (10) 50% Examination (10)	Continuous Ass (10) Final Examination (20)
10+10=20	10+20=30	10+10=20	10+20=30

Health:

If your child is ill:

- Please inform the office that your child will be absent either by phoning or sending a message by VedaGuru
- Do not send your child to school if s/he has a fever or a cold. These are contagious and spread easily to other students.
- Make sure your child is completely well before returning him/her to school

If your child becomes ill during the school day:

We have a school nurse who will examine your child and determine if the parent needs to be called. In case of emergency, the School will take your child to the Dhulikhel Hospital and you will be informed immediately.

Medical Insurance

Each and every child receives medical insurance from Dhulikhel Hospital (DH) on the day of admission. DH provides upto 70 % discount in most of facilities like pathological tests, radiology services, CT scans, sonograms, and surgical facilities as well as in medicines too. However, this facility will not be applicable to the dental, cosmetic surgery and skin departments.

Lost and Found

Items found on the school premises should be given by the student to the respective coordinator.

Unclaimed items are first announced in assembly, if not claimed by anyone then they will be kept in the Lost and Found box and can be reclaimed with identification of the object. If no one claims the item within one month, the item will be disposed of.

Food Service

The school does have its own hygienic kitchen with a dining hall capacity of 240 in single sitting. Day scholars are offered two meals per day (lunch and snacks) and hostellers are offered four meals (breakfast, lunch, snacks and supper.) Most of the meals are hot cooked food except breakfast.

Children are allowed to take an adequate amount of food but are encouraged not to waste. However, some of the snacks items will be served as per the ratio of volume cooked. There will be always teachers supervising in the dining hall during meal times. The school does have a fixed menu and no optional food will be served to individuals unless there is a medical rationale. When meat is served, there is always a vegetarian option.

Snacks

पहिलो हप्ता	
सोम	वाइवाइफ्राइ
मंगल	आलु परौठा
बुध	पाउरोटि
बिहि	वर्गर
शुक्र	समोसा

दोस्रो हप्ता	
सोम	प्यानकेक
मंगल	सिन्के चाउचाउ
बुध	पाउरोटि
बिहि	प्लेन परौठा
शुक्र	पकौडा

तेस्रो हप्ता	
सोम	वाइवाइफ्राइ
मंगल	आलु परौठा
बुध	पाउरोटि
बिहि	वर्गर
शुक्र	समोसा

चौथो हप्ता	
सोम	प्यानकेक
मंगल	सिन्के चाउचाउ
बुध	पाउरोटि
बिहि	फ्राइ राइस
शुक्र	पकौडा

सोमबार

खाना – आलचिप्स, गोलभेंडाको अचार, साग, सलाद
खाजा – चिउरा, तरकारी भोलभएको अथवा आलु भुजिया

मंगलबार

खाना – राजमा, चना, मिक्स गेडागुडी दालको सट्टामा पापड, सलाद, तिलको अचार, पोलेको गोलभेंडा, आलुको अचार, बन्दाको अचार, सिजनअनुसार कोइरालाको अचार
खाजा – भेज चिजवर्गर, प्राउनअथवाचिप्स, पास्ता, चाउमीन, समोसा, आलु परौठा

बुधबार

खाना – मासुमाचिकेनअथवा मटन ग्रेवीअथवाफ्राइ, भेजलाई आलु पनीर, अण्डा (कुनै दिन मासु नभएको बेला मसरुम, पनीर, मटरकोसा, आलु तरकारी, आलुको अचार, सलाद
खाजा – वटर पाउरोटी अथवाजामपाउरोटी, फलफूल:अंगुर, स्याउ, सुन्तला, आँप, खरबुजा, नास्पातीसिजनअनुसार

बिहिबार

खाना – वोडी, टाटे सिमी, धूसिमी, बन्दा, भेडेखुर्सानी, रामतोरीयाँ, सलाद, बदामको अचार, भटमासको अचार, आलु तिलको अचार, गुन्द्रुकगोलभेंडा पोलेर साँधेको, मूलाको अचार
खाजा – परौठा, अचार, हरियो मकै सिजनअनुसार, खीर तरकारी

शुक्रबार

खाना – अण्डा करी, सलाद, भेज आलु पनीर, केराउको आलु साँधेको अचार, गालेको अचार, चटपटे अचार
खाजा – सेल, चना, भेज चिजप्राउनवर्गर, फुरनदाना, अण्डा/भेजिटेवल फ्राइड राइस, सस, सुन्तला, आँप, स्याउ, अंगुर, खरबुजासिजनअनुसार

होस्टल

सोमबार

मासुमाफ्राइ/ग्रेवीचिकेन, भेजलाई आलु पनीर, अण्डा करी, आलु तिलको अचार, साग, सलाद

मंगलबार

आलु चिप्स, साग, सलाद, गोलभेंडाको अचार

बुधबार

काउलीआलुको तरकारी, गेडागुडीको दाल, सलाद, चटपटे मिक्सको अचार

बिहिबार

राजमा/चनाको तरकारी, पापड, सलाद, गोलभेंडाको अचार (Subject to change)

FIELD TRIPS

Outdoor school activities are an indispensable part of the KUHS curriculum. Each class will be taken on a minimum three field trips per year. The school also organizes an annual “hiking day”. All the children must take part in this day. Senior school students will hike up different hills around the Kathmandu valley and the junior school will be taken nearby school for hiking. No additional charge will be required for this programme.

PARENT SCHOOL COMMUNICATIONS

- Regular newsletters are sent home on every other Friday.
- In case of a change of schedule or in an emergency, you will receive an SMS message.
- SMS's are also sent as a reminder for special events.
- Our website also has information about school events (<https://www.kuhs.edu.np>)
- School App

PARENT TEACHER COMMUNICATIONS;

- The Diary is an important form of communication between home and school. The teacher can write notes to you and you can do the same in return. Your child will also write his/her homework assignments in the diary so you can supervise the homework that needs to be done.
- If you would like to talk further with the teacher, please send a message and the teacher can arrange to call you.
- The teacher will communicate regularly with the class parents through Viber. Please be sure your phone number is registered.
- If issues continue, you are always invited to make an appointment and meet the teacher at school.

RECOMMENDATIONS TO PARENTS:

- Your role as a parent is critical to the success of your child at KUHS. Parents are an important part of the educational team that also includes teachers and administrators.
- Your responsibilities:
 - Take time to ask your child about what happened at school during the day, what did he/she learn? What was new?
 - Create a quiet space and time for your child to do homework. Encourage your child to homework on his/her own; to show his/her own work and effort.
 - Praise your child when s/he is successful.
 - Teach your child to be respectful – not to interrupt when others are talking, to talk in a polite voice etc.
 - If your child breaks a school rule, please talk to your child about the importance of following rules and if needed provide necessary consequences like loss of the use of electronic media or time with friends.
 - Encourage your child to read and make sure there are books and magazines available at home. Reading is key to school success!

Earthquake and Earthquake Drill Procedures

An earthquake drill will begin with a prolonged drumming sound. An actual earthquake, of course, will be signaled by shaking.

“Duck and Cover” is what we will say to alert students to an earthquake. Students know this word means they must be quiet immediately and listen to the teacher.

During an Earthquake or an Earthquake Drill:

1. When a drill or an actual earthquake begins, say **DUCK AND COVER**.
2. The teacher reminds the children to remain calm, cover their heads with their hands, and wait until the shaking has stopped. In some rooms, it may be possible to go under the table – like the dining room or science lab. If children try to go outside while the earthquake is happening, there is a danger of tiles falling from the roof. The safest place is inside.
3. If students are outside, they need to move away from any building and then wait until the shaking stops. If they are in a bathroom, they should also move quickly outside.
4. In an actual earthquake, wait for the shaking to stop, this may take up to 1-2 minutes. In a drill, the gong will ring as an all clear after 1 minute or so. Wait to hear the gong before evacuating the room.
5. After the shaking stops or the all clear sounds, teachers in classrooms should immediately instruct their students to stand, line up with no talking and walk in an orderly way out of the classroom as quickly as possible. Each class will have a set evacuation route.
6. If there is a class prefect, that prefect should be at the head of the line and lead the class on the escape route up to the prearranged place on the ground.
7. All teachers leave the classroom last to make sure no students are left behind and that the doors are left open.
8. On the ground, the prefect or the class assistant teacher will collect the attendance sheet from the “command center”. Non-class teachers will be assigned to help other classes.
9. Teachers will take attendance marking students present, absent, or blank if present but not with class.
10. Non-teaching staff will follow these same procedures and after the all clear, will evacuate to the upper ground near the Command Center where attendance will be taken.
11. The “command center” will be near the stupa which will have needed attendance forms on clipboards and other information and resources. The director, principal and coordinators, and office staff will be available at the command center.
12. Prefects or assistant teachers will return the attendance and clipboard to the Command Center.
13. Staff attendance (teaching and non-teaching) will be taken by _____.
14. The maintenance staff will shut off the electricity and water outlets after an actual earthquake
15. At the end of the drill, classes will be excused individually to go back to their classrooms

Hostel Schedule, 2076 (2019/2020)

Event	Junior	Senior
Breakfast	7:20 am - 7:45 am	7:00am - 7:25 am
Morning Study Hour	7:45 am-8:30am	7:30 am - 8 :30am
Day Schooling	8:30 am-3:10 am	8:30 am-3:10 am
Pre-Evening Study Hour	4:00pm- 6:00pm	4:00pm- 7:00pm
Dinner	6:00pm-6:30 pm	7:00-7:30 pm
Post-Evening Study Hour	6:30- 8:30pm	7:30 pm -8:30 pm

The schedule may slightly change in winter season.

Clothing and Laundry

Children need not to bring bedding from home. The school provides all the necessary items. However, parents may send one warm blanket after Dashain vacation. School provides laundry services for school uniforms. The School does not take responsibility for the clothes other than school uniform so we discourage sending any clothes other than the school the uniform. Furthermore, you are requested to mark all the items with your child registration number.

Communication for student in the hostel

We understand you are eager to stay in touch with your children. We do provide you the contact numbers of all respective Hostel Teachers and other supportive staff. However, we are sorry to inform you that it may not be possible to communicate as all the staff remain busy working with your children. However we kindly request that you send an SMS for any message. Then staff will contact you. The contact numbers of Hostel staff are as given below.

Name of the Staff	Position	Contact Number	Class Responsibility
Rupak Khatri	Hostel Manager	9851171924	Hostel Head in Charge
Ravi K.C.	Hostel Teacher	9843748897	Class 10 Boys
Ram Bikram Basnet	Hostel Teacher	9843132442	Class 9 Boys
Umesh Timilsina	Hostel Teacher	9841313588	Class 8 boys
Sudha Buddhacharya	Hostel Teacher	9860576995	Class 10 Girls
Aarati Khadka	Hostel Teacher	9841388361	Class 9 Girls
Amira Ghale	Hostel Teacher	9860685817	Class 8 Girls
NanashovaBashima	Hostel Teacher	9869061947	Class 7/ plus two Girls
Neetu Shrestha	Hostel Teacher	9861950029	Class 6 Girls
Ngudup Dorje Lama	Hostel Teacher	9841477935	Class 7 Boys
Sushmita Bhusal	Hostel Teacher	9841918278	Class 6Boys
Sita Thapa Magar	Hostel Teacher	9801250347	Class 4/5Boys
Roma Pariyar	Hostel Teacher	9860098803	Class 1to3 Girls/Boys
Appchhya Shrestha	Hostel Teacher	9860089797	Class 4/5Girls/Nurse

Name of the Staff	Position	Contact Number	Class Responsibility
Shacha Maya Tamang	Hostel Didi	9841725057	Senior Girls
Sharashowti Sapkota	Hostel Didi	9841007094	Junior Boys/Girls
Maiya Bhandari	Hostel Didi	9843771777	Junior Boys/Girls
Sangita Gautam	Hostel Didi	9841670415	Junior Boys/Girls
MaiyaDahal	Hostel Didi	9860069307	Senior Boys
Manju Pradhan	Hostel Didi	9841725198	Junior Boys/Girls
Sabitri K.C.	Hostel Didi	9843398532	Senior Boys

Hostel Rules:

- Respect and take care of all hostel property. Take care of your own property and respect the property of others.
- Get permission from the teacher before leaving for or going to the hostel.
- Do not bring day scholars to the hostel.
- Ask for the teacher's permission before entering another student's room, the staff room or other rooms not normally occupied.
- Use proper and polite language at all times and especially when interacting with non-KUHS community members. Bullying must not happen.
- Be sure your noise level does not disturb others.
- Follow the hostel time schedule including silence after 9:30.
- Be on time for all activities including class and study hall. You may not skip class.
- Prepare your assignment properly and do not copy from others.
- Use hostel resources (eg. water, soap) wisely.
- Follow hygiene and dress code rules of the hostel.
- Celebrating birthdays or festivals is strictly forbidden.
- You need to keep your room clean and tidy. Make your bed, store or hang up your clothing, and pick up your trash.
- You may not bring or exchange furniture.
- Support others in obeying hostel rules.
- Hostel students may not use the staff bus except in case of an emergency as determined by the School.
- Do not bring any kind of eatable food items
- Do not bring money or other valuables like cell phones
- If a child is taking any medicine then respective hostel teacher has to be informed.
- Parents/visitors can visit the hostel only with prior notice.

Book List for 2078

Your child's textbooks are provided by the School with the cost included in the tuition. If your child loses a textbook though, you will be expected to replace it. There are a few items which you, as parents, need to provide, see below – primarily art sketch pads and a School Atlas.

Class: One			
S.N.	Subjects	Book	Publication
1.	English	Mulberry Coursebook 1	Oxford
2.	Nepali	मेरो नेपाली कक्षा १	जनक शिक्षा
3.	Mathematics	I did it Mathematics	Cambridge
4.	Science	New Science in Everyday Life	Oxford
5.	Social Studies	मेरो सेरोफेरो	
6.	Art	Sketch Book	Should be managed by parents
7.	Project Work	Scrap Book	Should be managed by school

Class: Two			
S.N.	Subjects	Book	Publication
1.	English	Mulberry Coursebook 2	Oxford
2.	Nepali	मेरो नेपाली कक्षा २	जनक शिक्षा
3.	Mathematics	I did it Mathematics	Cambridge
4.	Science	New Science in everyday life	Oxford
5.	Social Studies	मेरो सेरोफेरो	
6.	Art	Sketch Book	Should be managed by parents
7.	Project Work	Scrap Book	Should be managed by school

Class: Three			
S.N.	Subjects	Book	Publication
1.	English	Mulberry Coursebook 3	Oxford
2.	Nepali	मेरो नेपाली कक्षा ३	जनक शिक्षा
3.	Nepali	सरल नेपाली बालव्याकरण र रचना	ऐरावती प्रकाशन
4.	Mathematics	UNITED Speedy Maths	
5.	Science	New Science in everyday life	Oxford
6.	Social Studies	मेरो सेरोफेरो	
7.	Computer	Computer	Unique Publication
8.	Art	Sketch Book	Should be managed by parents
9.	Art	Scrap Book	Should be managed by parents

Class: Four

S.N.	Subjects	Book	Publication
1.	English	Mulberry Coursebook 4	Oxford
2.	Nepali	मेरो नेपाली कक्षा ४	जनक शिक्षा
3.	Nepali	सरल नेपाली बालव्याकरण र रचना	ऐरावती प्रकाशन
4.	Mathematics	UNITED Speedy Maths	
5.	Science	New Science in everyday life	Oxford
6.	Social Studies	Ekta Social Studies	Ekta
7.	Computer	Computer	Unique Publication
8.	Art	Sketch Book	Should be managed by parents
9.	Art	Scrap Book	Should be managed by parents

Class: Five

S.N.	Subjects	Book	Publication
1.	English	Mulberry Coursebook 5	Oxford
2.	Nepali	मेरो नेपाली कक्षा ५	जनक शिक्षा
3.	Nepali	सरल नेपाली बालव्याकरण र रचना	ऐरावती प्रकाशन
4.	Mathematics	UNITED Speedy Maths	
5.	Science	New Science in everyday life	Oxford
6.	Social Studies	Ekta Social Studies	Ekta
7.	Computer	Computer	Unique Publication
8.	Art	Sketch Book	Should be managed by parents
9.	Art	Scrap Book	Should be managed by parents

Class: Six

S.N.	Subjects	Book	Publication
1.	Nepali	Mero Nepali book	JEMC
2.	Nepali Grammar	नेपाली व्याकरण र रचना नेपाली व्याकरण र अभ्यास पुस्तक	शुभारम्भ प्रकाशन Read More
3.	Mathematics	United's Speedy Maths	United Nepal Publication
4.	Social Studies	Social Studies	Koseli
5.	Computer	Computer	Unique Publication
6.	Science and technology	New Science in everyday life	Oxford
7.	English	Oxford Mulberry English Course-6, Oxford Learning Grammar and Composition-6	Oxford
8.	Art	Sketch Book	Should be managed by parents
9.	Art	School Atlas Book[Oxford]	Should be managed by parents

Class: Seven			
S.N.	Subjects	Book	Publication
1.	Nepali	Mero Nepali book	JEMC
2.	Nepali Grammar	नेपाली व्याकरण र रचना नेपाली व्याकरण र अभ्यास पुस्तक	शुभारम्भ प्रकाशन Read More
3.	Mathematics	United's Speedy Maths	United Nepal Publication
4.	Social Studies	Social studies	Koseli
5.	Computer	Computer	Unique Publication
6.	Occupation Business, Technology		Koseli
7.	Science	New Science in everyday life	Oxford
8.	English	Oxford Mulberry English Course-7, Oxford Learning Grammar and Composition-7	Oxford
9.	Art	Sketch Book	Should be managed by parents
10.		School Atlas Book[Oxford]	Should be managed by parents

Class: Eight			
S.N.	Subjects	Book	Publication
1.	Nepali	Mero Nepali Book	JEMC
2.	Nepali Grammar	नेपाली व्याकरण र रचना नेपाली व्याकरण र अभ्यास पुस्तक	शुभारम्भ प्रकाशन Read More
3.	Mathematics	United's Speedy Maths	United Nepal Publication
4.	Social Studies	Social studies	Koseli
5.	Computer	Computer	Unique publication
6.	O.P.T. Maths	Optional Mathematics(Speedy)	United Publication
7.	Moral Value	Moral Value	JEMC/Ekta
8.	Occupation Business, Technology		Koseli
9.	Health and Physical	Health and Physical Education	Ekta
10.	Science	School Science	Oasis
11.	English	Oxford Mulberry English Course- 8, Our English Grade 8	Oxford JEMC
12.	Art	Sketch Book	Should be managed by parents
13.		School Atlas Book[Oxford]	Should be managed by parents

Class: Nine			
S.N.	Subjects	Book	Publication
1.	English	Symphony Book -9 + Our English Grammer of Read More	EKTA Read More + CDC
2.	Nepali	Mero Nepali book ,	JEMC
3.	Nepali Grammar	छरितो नेपाली व्याकरण र अभिव्यक्ति नेपाली अभ्यास पुस्तक	शुभारम्भ प्रकाशन आठराई पब्लिकेशन
4.	Mathematics	United's Speedy Maths	United Nepal Publication new Edition
5.	Science	<ul style="list-style-type: none"> School Science A text book of practical science 	Oasis Asia
6.	Social Studies	Social studies	Koseli
7.	Computer	Computer	Unique publication
8.	O.P.T. Maths	Optional Mathematics[United Speedy]	United Publication
9.	HPE (English Medium)	Health, Pop and Environment Govt of Nepal Ministry of Education Health, Population and environment	Allied publication
10.		School Atlas Book[Oxford]	Should be managed by parents

Class: Ten			
S.N.	Subjects	Book	Publication
1.	English	Symphony Grade 10 Our English Book- 10, Grammar, Read More Publication (Maxium of Eng grammer and Composito	Ekta Govt. Book Read More Publication
2.	Nepali	Mero Nepali Book	JEMC
3.	Nepali Grammar	छरितो नेपाली व्याकरण र अभिव्यक्ति नेपाली अभ्यास पुस्तक	शुभारम्भ प्रकाशन आठराई पब्लिकेशन
4.	Mathematics	United's Speedy Maths	United Nepal Publication New Edition
5.	Science	School Science	Oasis
6.	Social Studies	Social studies	Koseli
7.	Computer	Computer Science	Unique publication
8.	O.P.T. Maths	Optional Mathematics	United Publication
9.	HPE (English Medium)	Basic Health, Population and Environment Basic health, Population and Environment Allied Publication	Allied publication
10.		School Atlas Book[Oxford]	Should be managed by parents

School Uniform

Day Scholars (for summer)

All items to be clearly marked with your child's registration number

Track suits or sports jersey are to be worn on the days students have sports class. All other days and formal days, the formal school uniform is to be worn.

Uniform

S.N	Boys	Girls
1.	2 blue striped school shirts	2 blue striped school shirts (Pants accepted 6 onwards)
2.	2 standard navy blue pants	2 standard navy blue skirts
3.	2 school tie	2 school tie
4.	1 school belt with crest	1 school belt with crest
5.	3 pairs school navy blue socks	3 pairs school navy blue socks
6.	3 pairs school white socks	3 pairs school white socks
7.	1 pair sports jersey	1 pair sports jersey
8.	2 pairs navy blue school tracksuit	2 pairs navy blue school tracksuit
9.	2 pairs school t-shirt	2 pairs school t-shirt
10.	-	2 black bloomers

Shoes

S.N	Boys	Girls
1.	1 pair black school shoes	1 pair black school shoes
2.	1 pair of white shoes	1 pair of white shoes

Uniform for the Academic year 2078 B.S. [Class VI-X]

Requirement for senior hostellers (for summer)

All items to be clearly marked with child's registration number

Uniform

S.N	Boys	Girls
1.	3 blue striped school shirts	3 blue striped school shirts or pants
2.	3 standard navy blue pants	3 standard navy blue skirts
3.	2 school tie	2 school tie
4.	1 school belt with crest	1 school belt with crest
5.	3 pairs school navy blue socks	3 pairs school navy blue socks
6.	3 pairs school white socks	3 pairs school white socks
7.	1 pair sports jersey	1 pair sports jersey
8.	2 pairs navy blue school tracksuit	2 pairs navy blue school tracksuit
9.	2 pairs hostel t-shirt, 2 pairs school t-shirt	2 pairs hostel t-shirt, 2 pairs school t-shirt
10.	2 pair hostel tracksuit	2 pair hostel tracksuit
11.	-	2 black bloomers

Shoes

S.N	Boys	Girls
1.	1 pair black school shoes	1 pair black school shoes
2.	1 pair of white shoes	1 pair of white shoes
3.	1 pair of slippers	1 pair of slippers

Toiletries

S.N	Boys	Girls
1.	1 shampoo	1 shampoo
2.	1 hair oil	1 hair oil
3.	1 comb	1 comb
4.	1 tooth brush	1 tooth brush
5.	1 tooth paste	1 tooth paste
6.	1 packet tissue paper(every week)	1 packet tissue paper(every week)
7.	1 talcum powder	1 talcum powder
8.	1 shoe polish / shoe brush	1 shoe polish / shoe brush
9.	1 moisturizing cream	1 moisturizing cream
10.	1 soap	1 soap

Miscellaneous

S.N	Boys	Girls
1.	1 towel	1 towel
2.	1 night dress (full sleeves)	1 night dress (full sleeves)
3.	1 mosquito net (single bed)	1 mosquito net (single bed)
4.	4 undergarments	4 panties
5.	4 vest	4 vest
6.		Black /white rubber band or hair band only

Note: If any additional items are needed then we will send you a notice.

Every 3 months students need to change their undergarments and socks

Uniform for the Academic year of 2078 [Class I-V]

Requirement for junior hostellers (for summer)

All items to be clearly marked with child's registration number

Uniform

S.N	Boys	Girls
1.	2 blue striped school shirts	2 blue striped school shirts
2.	2 standard navy blue pants	2 standard navy blue skirts
3.	2 school tie	2 school tie
4.	1 school belt with crest	1 school belt with crest
5.	3 pairs school navy blue socks	3 pairs school navy blue socks
6.	3 pairs school white socks	3 pairs school white socks
7.	1 pair sports jersey	1 pair sports jersey
8.	2 pairs navy blue school tracksuit	2 pairs navy blue school tracksuit
9.	2 pairs hostel t-shirt, 2 pairs school t-shirt	2 pairs hostel t-shirt, 2 pairs school t-shirt
10.	2 pairs hostel tracksuit	2 pairs hostel tracksuit
11.	-	2 black bloomers

Shoes

S.N	Boys	Girls
1.	1 pair black school shoes	1 pair black school shoes
2.	1 pair of white shoes	1 pair of white shoes
3.	1 pair of slipper	1 pair of slipper

Toiletries

S.N	Boys	Girls
1.	1 shampoo	1 shampoo
2.	1 hair oil	1 hair oil
3.	1 comb	1 comb
4.	1 tooth brush	1 tooth brush
5.	1 moisturizing cream	1 moisturizing cream
6.	1 packet tissue paper(every week)	1 packet tissue paper(every week)
7.	1 talcum powder	1 talcum powder

Miscellaneous

S.N	Boys	Girls
1.	1 towel	1 towel
2.	1 night dress (full sleeves)	1 night dress (full sleeves)
3.	1 mosquito net (single bed)	1 mosquito net (single bed)
4.	4 undergarments	4 panties
5.	4 vest	4 vest
6.	Small size plastic mat	Black /white rubber band or hair band only
7.		Small size plastic mat

Note: If any additional items are needed then we will send you a notice.

Every 3 months students need to change their undergarments and socks

Bus Services

BUS PROCEDURES

At the Bus Stop (Junior First)

1. Go to the bus stop about 5 minutes earlier than the bus is scheduled to arrive.
2. While at the bus stop, wait in a safe place away from the road. Do not run and play while waiting.
3. Line up to enter the (let smaller children board first).
4. Stand clear of the bus until it has come to a complete stop. Do not push or shove while waiting.

On the Bus

1. Go directly to a seat. Remain seated and facing forward for the entire ride.
2. Talk quietly. Do not yell or use vulgar or abusive language.
3. Remain seated until the scheduled stop.
4. Keep hands, arms and head inside the vehicle.
5. Do not throw anything inside the vehicle or from the vehicle.
6. Do not change seats. Stay in first seat selected.
7. Do not mark, cut, or scratch any part of the bus. Vandalism costs everyone.

Exit the Bus

1. When getting off the bus make sure you walk (not run) three steps away from the door. Stay away from the bus wheels and watch out for moving car, bikes and other vehicles.
2. Only get on and off the bus at your designated stop and go directly home. If you need to get off somewhere else, parents' permission is must.
3. Never cross the road immediately after getting off from the bus. Let the bus go first.
4. If everyone is getting off the bus, the people at the front leave first. Do not push.
5. If you drop something near the bus do not pick it up. Tell the bus helper or adult for help.

Follow the instruction of the Bus Leaders and Bus In-Charge.

Bus Routes 2078[Drop]

Bus:- A

Location	Time
Kuhs	3.20
Koteshwor	4.25
Lainchur DDC	4.50
Saraswoti Campus	4.50
Surakhutte	4.55
Nayabazar	4.55
Balaju Chowk	5.00
Contact Person Amira Ghale :9860685814	

Bus:- B

Location	Time
Kuhs	3.20
Ghattaghar	4.10
Kausaltar	4.10
Lokanthali	4.15
Koteshwor	4.25
Om Hospital	4.45
Sukedhara	4.50
Dhumbarahi	4.55
ChapalKarkhana	4.55
Chakrapath	5.00
Basghari	5.05
Galphutar	5.10
Contact Person Ravi K.C: 9843748897	

Bus:- C

Location	Time
Kuhs	3.20
Janagal	3.45
Sanga	3.50
Palanse	3.50
Bhasghari	3.55
Koteshwor	4.25
KMC	4.35
Bhimsengola	4.40
Old Baneshwor	4.40
Maitidevi	4.45
Dillibazar	4.45
Charkhal	4.45
Kamal Pokhari Chowk	4.50
Naxal Bhagwanti	4.55
Tangal Ganesh	4.55
Bhatbhateni	5.00
Baluwatar	5.05
Police Trainning Center	5.10
Contact Person SusmitaBhusal:9841918278	

Bus:- D

Location	Time
Kuhs	3.20
Koteshwor	4.25
Tinkunne	4.30
Shantinagar	4.30
Baneshwor	4.30
Mahankal Temple	4.40
Bir Hospital	4.40
Keshar Mahal	4.45
Ghantaghar	4.45
BrikutiMadapChwok	4.50
Contact Person Bikram Bhandari :9841264622	

Bus:- E

Location	Time
Kuhs	3.20
Koteshwor	4.25
Gwarkho	4.30
Satdobato	4.35
Ekantakuna	4.40
Dhobighat	4.40
Sanepa	4.45
Balkhu	4.45
Khasibazar	5.00
Kalanki	5.00
Rabibhawan	5.10
Solteemode	5.10
Kalimati	5.10
Contact Person Sita Thapa Magar :9861 221 448	

Bus:- G

Location	Time
Kuhs	3.20
Koteshwore	4.25
Bijulibazar	4.40
Babarmahal	4.40
Tripurshwor	4.45
Teku(National Trading)	4.45
KalimatiSalik	5.00
MahendraRatna Campus	5.05
UN Building(White House)	5.10
Museum chowk	5.10
Sitapaila	5.10
Contact Person Narayan Ghole: 9860537609	

Bus:- F

Location	Time
Kuhs	3.20
Jagati	4.10
Suryabinayak	4.15
Thimi	4.20
Koteshwore	4.25
SOS	4.30
Kharibot	4.30
B & B Hospital	4.35
Satdobato	4.40
Patan Hospital	5.05
Maanbhawan	5.05
Jawalakhel Bus stop	5.10
Pulchowk (Engineering College Gate)	5.10
Kupundol	5.15
Contact Person Ram Koirala :9841532812	

Bus: H

Location	Time
Kuhs	3.20
Koteshwor	4.25
Lainchur DDC	4.50
Saraswoti Campus	4.50
Surakhutte	4.50
Nayabazar	4.55
Balaju(Hero Honda Showroom)	5.00
Machhapokhari	5.05
Gangabu	5.10
Samakhusi	5.10
Basundhara	5.10
Contact Person Roma Pariyar: 9860098803	

Pick Up

Bus: - A

Location	Time
Balaju Chowk	7.05
Nayabazar(Dharagalli)	7.10
Surakhutte	7.20
Sarashwoti Campus	7.20
Lainchour DDC	7.20
Koteshwor	7.35
KUHS	8.35
Contact Person Amira Ghale: 9860685817	

Bus:- B

Location	Time
Galphutar	7.00
Bashghari	7.05
Chakrapath	7.05
ChhapalKarkhana	7.10
Dhumbarahi	7.10
Sukedhara	7.10
OM Hospital	7.20
Koteshwor	7.35
Jadibuti	7.35
Lokhanthali	7.35
Kausaltar	7.40
Ghattaghar	7.40
KUHS	8.35
Contact Person Ravi K.C 9843748897	

Bus:- C

Location	Time
Police Training Centre	7.05
Baluwatar(Rastra Bank)	7.05
Bhatbhateni Mandir	7.10
Tangal Ganesh	7.15
Naxal Bhagawati	7.20
Gyneshwor	7.20
Maitedevi	7.20
PuranoBaneshwor	7.20
Bhimsengola	7.25
KMC	7.25
Koteshwor	7.35
Bashaghari	7.55
Palase	7.55
Sanga	8.05
Janagal	8.10
KUHS	8.35
Contact Person SusmitaBhusal: 9841918278	

Bus:- D

Location	Time
Mahankal Temple	7.15
Birhospital	7.15
Kehsar Mahal	7.15
Ghantaghar	7.20
Brikuti Mandap Chwok	7.20
New Baneshwor [Trolley Bus Office]	7.30
Shantinagar	7.30
Tinkunne [Kantipur complex]	7.35
Koteshwor	7.35
KUHS	8.35
Contact Person Bikram Bhandari :9841264622	

Bus:- E

Location	Time
Satdobato	7.05
Mahalaxmi Chwok	7.05
Ekantakuna	7.10
NakhhuChwok	7.10
Dhobighat(Nayabato)	7.10
Sanepa	7.15
Balkhu	7.15
Sita Petrol Pump	7.15
Kalanki Mandir	7.20
Rabibhawan	7.20
Solteemode	7.20
KalimatiSalik	7.20
Koteshwor	7.35
KUHS	8.35
Contact Person Sita Thapa Magar :9861 221 448	

Bus:- G

Location	Time
Sitapaila	7.05
MesuemChwok	7.05
UN Building(White House)	7.10
MahandraRatna college	7.20
KalimatiSalik	7.20
Teku (National Trading)	7.25
Tripurshwor(Vetnary Hospital)	7.25
Babar Mahal	7.25
Bijuli Bazar	7.25
Koteshwor	7.35
KUHS	8.35
Contact Person Narayan Ghole: 9860537609	

Bus:- F

Location	Time
Kupundol	7.05
Pulchwok(Engineering College gate)	7.10
Jawlakhel Bus Stop	7.15
Manbhawan (Ekta Books)	7.15
Patan Hospital	7.20
Satadobato	7.25
B & B Hospital	7.25
Gwarkho	7.30
Kharibot	7.30
SOS	7.30
Koteshwor	7.35
Thimi	7.45
Suryabinayak	7.50
Jagati	7.50
KUHS	8.35
Contact Person Ram Koirala :9841532812	

Bus:- H

Location	Time
Basundharachwok	7.05
DapasiChwok	7.05
Samakhusi Chowk	7.05
Gangabu	7.10
Machhapokhari	7.15
Balaju Petrol Pump	7.15
Nayabazar(Dharagalli)	7.15
Surakhutte	7.20
Sarashwoti Campus	7.20
Lainhour DDC	7.20
Koteshwor	7.35
KUHS	8.35
Contact Person Roma Pariyar: 9860098803	

Note:

#. Parents are requested to come 5 minutes earlier than the mentioned time at their respective Bus Stops.

#. Above mentioned time are for the light traffic situation. Bus arrival time may differ as the basis of traffic.

Dhulikhel, Banepa, KU, Panauti Student 2078

Bus	Pick Up		Drop	
	Places	Time	Places	Time
Bus T Contact Person Naresh Pradhan 9841287302	Bashghari	8.10	KUHS	3.15
	Mirabel, Arniko	8.10	DH chowk	3.25
	Sabji Bhandar	8.15	Sabji Bhandar	3.25
	DH Chowk	8.15	Arniko, Mirabel	3.30
	KUHS	8.30	Bashghari	3.35
Bus U Contact Person Maya Adhikari 9841799542	Godamchwok	8.05	KUHS	3.15
	Banepa chowk	8.10	Budol	3.30
	Budol	8.15	Banepa Chowk	3.35
	KUHS	8.30	Godamchwok	3.40
Bus V Contact Person Lok Pradhan 9841467529	Panauti	7.55	KUHS	3.15
	KUHS	8.30	Panauti	3.45
Bus W Contact Person Sajana Shrestha 9841925255	Tindobato	8.10	KUHS	3.15
	KUHS	8.30	Tindobato	3:35
	Adda Bazar	8.15	KUHS	3.15
Bus X Contact Person Babita Shrestha 9841701039	Saraswoti Bazar	8.20	Saraswoti Bazar	3.25
	KUHS	8.30	Addabazar	3.30
	Banepa Chwok	8.10	KUHS	3.15
Bus Y Contact Person Mohan Taujale 9841323110	KUHS	8.30	Banepa Chowk	3.35
	KU	8.10	KUHS	3.15
Bus Z Contact Person Gauri Thapa 9841172021	KUHS	8.30	KU	3.35